

CAIRNS ATHLETICS BEST PERFORMANCES

These records encompass both Cairns Little Athletics
and Cairns District Athletics Club
Previous Best Performances

MEN					WOMEN				
Event	Athlete's Name	Result	Year	Location	Spec.	Athlete's Name	Result	Year	Location
UNDER 7 YEARS (6 Year Olds)									
60m Sprint	Jordan Gorogo	12.22	2008	BP-ET		Josie Ross	11.65	2009	TSV-ET
60m Hurdles	Roger Hastie	12.8	1993			Lauren Spence	16.7	1993	
70m Sprint	Nathan McNally	11.9	1990			Estelle King	12.5	2006	BP
	Andrew Young	11.9	1994						
80m Sprint	Jordan Gorogo	16.37	2008	BP-ET		Josie Ross	15.19	2006	TSV-ET
100m Sprint	Heath Taylor	16.3	1989			Jessica Doyle	18.00	2008	BP
200m Sprint	Nicholas Murchie	36.0	1996			Estelle King	37.4	2006	BP
Long Jump	Isaac Skinner	3.33	1996			Alison Maltby	2.92	1989	
Discus	Boche Satrick	17.42	1991			Estelle King	12.75	2006	BP
Shot Put	Dane Lauriston	6.38	1998			Estelle King	4.93	2006	BP
UNDER 8 YEARS (7 Year Olds)									
60m Sprint	Stuart Fogelis	10.76	2008	BP-ET		Estelle King	10.75	2006	TSV
60m Hurdles	Nicholas Murchie	11.4	1997			Estelle King	12.19	2007	MCoast
70m Sprint	Jonathan Alipate	11.0	1996			Estelle King	11.9	2007	BP
	Nicholas Murchie	11.0	1997						
80m Sprint	Ryan Turner	13.3	1994			Estelle King	13.92	2006	TSV
100m Sprint	Bodhi Scilp	15.5	1991			Kate Chamberlain	16.6	1992	BP
145m Sprint	Stuart Fogelis	24.88	2008	BP-ET		Jessica Doyle	26.75	2008	BP-ET
200m Sprint	Bodhi Scilp	32.9	1991			Tarra Cately	35.7	1996	BP
400m Sprint	Danan Scilp	1.22.2	1993			Kellie Reynolds	1.26.3	1993	BP
Long Jump	Kieran Colahan	3.88	2004	BP		Estelle King	3.26	2007	BP
High Jump	Nicholas Murchie	1.02	1997			Ellie Cook-Rogers	1.00	2000	BP
						Estelle King	1.00	2007	BP
Discus	Boche Satrick	17.1	2001	BP		Estelle King	12.95	2007	BP
Shot Put	Nicholas Murchie	6.79	1997			Estelle King	5.43	2007	BP
UNDER 9 YEARS (8 Year Olds)									
60m Hurdles	Gavin Slatcher	10.9	1994			Melissa Lane	11.7	1993	
70m Sprint	Mark McGovern	10.7	1985			Anna Young	10.7	1991	
	Bodhi Scilp	10.7	1992						
80m Sprint	Ryan Turner	12.6	1995			Alexis Turner	12.8	1994	
100m Sprint	Bodhi Scilp	14.8	1992			Anna Young	15.4	1991	
145m Sprint	Stuart Fogelis	23.92	2009	ET-BP		Dakota Peeters	26.79	2008	BP-ET
200m Sprint	Ryan Turner	31.8	1995			Estelle King	32.93	2009	
400m Sprint	Joel Sykes	1.13.3	1997			Cecily Pittard	1.20.3	1996	
800m	Ben Woolf	2.46.4	1988			Kristen Horn	3.03.9	1990	
300m Walk	Bart Atherinos	1.46.0	1997			Emma Adams	1.52.0	1997	
700m Walk	Bart Atherinos/Joel Sykes	4.47.0	1997			Alison Maltby	4.11.9	1992	
Long Jump	Bodhi Scilp	4.05	1992			Alexis Turner	3.83	1994	
High Jump	Ben Weeks	1.12	1989			Yula Monkland	1.21	2000	BP
	Joel Sykes	1.12	1997						
Discus	Ben Weeks	23.88	1990			Emma Adams	16.88	1997	
Shot Put	Ben Weeks	7.39	1990			Alexis Turner	5.83	1994	
UNDER 10 YEARS (9 Year Olds)									
60m Hurdles	Daniel Wilesmith	11.4	1994			Kate Chamberlain	11.7	1995	
60m Hurdles	Patrick Fordham	11.40	2010	States TSV					
	Cameron Graham	11.40	2011	BP					
	James Omundsen	11.39	2006	TSV-ET		Kate McAndrew	11.7	1996	
70m Sprint	R. Williams	10.4	1990			Carla Edwards	10.7	1992	
	Bodhi Scilp	10.4	1993			Anna Young	10.7	1992	
	Gavin Slatcher	10.4	1995						
80m Sprint	Ryan Turner	11.9	1996			Alice Johnstone	11.01	2005	BP
100m Sprint	Mark McGovern	13.3	1986			Anna Young	14.8	1992	
145m Sprint	Patrick Fordham	24.35	2008	BP-ET		Estelle King	23.77	2008	BP-ET
200m Sprint	Mark McGovern	29.9	1986			Estelle King	30.65	2010	States TSV
400m Sprint	Nicholas Murchie	1.09.8	1999			Alexis Turner	1.12.5	1995	
800m	Ben Woolf	2.35.9	1989			Monique Storch	2.51.6	2006	TSV-ET
400m Walk						Alice Johnstone	2.05.4	2005	BP
700m Walk	Roger Hastie	4.26.7	1996			Alison Maltby	4.16.4	1992	
1100m Walk	Roger Hastie	7.13.9	1996			Rebecca Barkley	7.32.5	1994	
						Melissa Lane	7.32.5	1994	
Long Jump	Bodhi Scilp	4.49	1993			Estelle King	4.08	2010	States TSV
Triple Jump	Bodhi Scilp	8.81	1993			Jasmin Eccles	8.14	1991	
High Jump	Nicholas Murchie	1.24	1999			Alexis Turner	1.22	1995	
Discus	Ben Weeks	31.26	1991			Stacey Reynolds	20.00	1997	
Shot Put	Ashley Graham	10.4	1994			Stacey Reynolds	6.51	1997	

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UNDER 11 YEARS (10 Year Olds)									
60m Hurdles	Kynan Moore	10.2	1995			Alexis Turner	10.3	1996	
70m Sprint	Jamin Mills	9.8	1991			Shilo Monkin	10.3	1999	
100m Sprint	Jamin Mills	13.8	1991			Anna Douglas	10.3	1999	
						Anna Young	14.4	1993	
						Alexis Turner	14.4	1995	
200m Sprint	Kynan Moore	28.4	1995			Rhiannon Pietras	29.5	2001	BP
400m Sprint	Ben Geary	1.07.0	1992			Melanie Parker	1.08.93	2007	BNE ET
800m	Kristian Woolf	2.32.0	1986			Melanie Parker	2.45.4	2007	BNE ET
1500m	Lee Pomroy	5.04.8	1991			Teagan Harris	5.48.6	2003	BP
700m Walk	Roger Hastie	4.26.0	1997			Melanie Kelly	4.36.6	1996	
800m Walk	Theo Watson	5.40.47	2008	BP-ET		Alice Johnstone	5.08.76	2006	BP-ET
1100m Walk	M. Christianson	7.24.7	1996			Monique Van Cauwenberghe	6.46.0	2006	TSV-ET
1500m Walk	Lee Pomroy	9.22.6	1990			Louise Barbour	11.42.8	1989	
Long Jump	Gavin Slatcher	4.71	1996			Alexis Turner	4.26	1995	
Triple Jump	Jamin Mills	9.81	1991			Sarah Eigl	8.99	2006	TSV
High Jump	Reece O'Dwyer	1.42	1996			Emma Adams	1.31	1999	
Javelin - 400g	Oliver Koch	30.31	2010	BP	400g	Sarah Eigl	21.18	2006	TSV
Discus	Ben Weeks	30.98	1992			Alisha Reinhardt	21.18	1992	
Shot Put	Bart Atherinos	11.09	1999			Sarah Eigl	7.95	2005	BP
UNDER 12 YEARS (11 Year Olds)									
60m Hurdles	Heath McKenzie	9.8	1996			Alexis Turner	10.3	1997	
80m Hurdles						Crystal Anderlini	16.86	2005	BP
70m Sprint	Gavin Slatcher	9.7	1997			Alexis Turner	9.9	1996	
	Drew Campbell	9.7	1997						
100m Sprint	Drew Campbell	12.9	1997			Angela Raldini	13.6	1990	
200m Sprint	Renee Brank	27.0	1989			Angela Raldini	28.8	1991	
400m Sprint	Kristian Woolf	1.02.0	1987			Kellie Reynolds	1.07.8	1997	
800m	Kristian Woolf	2.21.5	1987			Emma Redmond	2.40.05	2006	TSV
1500m	Lee Pomroy	5.06.3	1991			Kate Woolf	5.18.2	1994	
700m Walk	Lee Pomroy	4.01.4	1991			Alisha Reinhardt	4.19.9	1992	
1500m Walk	Lee Pomroy	8.29.7	1991			Kristen Taske	10.08.6	1990	
Long Jump	Drew Campbell	5.05	1997			Sarah Eigl	4.64	2006	BP
Triple Jump	Gavin Slatcher	9.86	1997			Tyara Reichardt	10.65	2011	BP
High Jump	Ben Weeks	1.53	1993			Tahlia Reichardt	1.40	2008	BP
						Tyara Reichardt	1.40	2008	MRD
Javelin - 400g	Theo Watson	36.41	2010	States TSV	400g	Sarah Eigl	26.32	2006	
Discus	Ben Weeks	35.78	1993			Alisha Reinhardt	26.10	1992	
Shot Put	Theo Watson	9.76	2010	States TSV		Gemma Stewart	10.81	2004	BP
UNDER 13 YEARS (12 year Olds)									
80m Hurdles - 76.2cm	Heath McKenzie	13.4	1996		76.2cm	Alexis Turner	13.5	1998	
90m Hurdles - 76.2cm	Roger Hastie	15.6	1999						
100m Hurdles	Bradley Graham	18.6	1994			Alexis Turner	18.3	1997	
200m Hurdles - 5 Flts 68cm	Theo Watson	29.75	2011	States BNE	68cm	Alexis Turner	29.4	1998	
200m Hurdles - 10 Flts 76.2cm	Roger Hastie	34.7	1999		76.2cm	Alexis Turner	31.2	1997	
70m Sprint	Jarron Colahan	9.4	1990			Angela Raldini	9.8	1991	
	Drew Campbell	9.4	1998						
100m Sprint	Drew Campbell	12.9	1998			Deanna Johnson	13.1	1990	
200m Sprint	Drew Campbell	26.6	1998			Anna Douglas	27.5	2001	BP
400m Sprint	Jarron Colahan	1.01.1	1991			Clare Lenton	1.01.0	1995	
800m	Glenn Pomroy	2.18.3	1991			Zoe Henderson	2.25.65	2010	States - TSV
1500m	Kristian Woolf	4.53.3	1988			Katie Woolf	5.12.5	1996	
700m Walk	Lee Pomroy	3.57.0	1992			Kristin Taske	4.18.9	1991	
1500m Walk	Lee Pomroy	8.49.4	1992			Stephanie Voigt	9.52.93	2004	BP
Long Jump	Drew Campbell	5.2	1998			Alexis Turner	4.79	1997	
Triple Jump	Dylan Sperling	10.5	2010	Gvale		Sarah Eigl	10.36	2008	BNE
High Jump	Ben Weeks	1.78	1994			Tyara Reichardt	1.50	2009	BP
Javelin - 600g	Theo Watson	39.29	2011	States BNE	400g	Sarah Eigl	31.96	2008	BNE
Discus - 1.0 kg	Bart Atherinos	40.88	2001	BP	750g Rhiann Cull	30.37	2011	BP	
					1.0kg Rhiann Cull	24.65	2011	BP	
				Regionals					
Shot Put - 3 Kg	Theo Watson	12.49	2010	Gvale	3 Kg	Gemma Stewart	10.71	2006	TSV

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UNDER 14 YEARS (13 Year Olds)									
80m Hurdles					76.2cm	Sarah Eigl	14.43	2008	BP-ET
						Kathryn Lennon	14.66	2008	BP-ET
90m Hurdles - 76.2cm	Heath McKenzie	14.0	1998		76.2cm	Teneal Morgan	15	1995	
100m Hurdles - 76.2cm	Bradley Graham	16.5	1995		76.2cm	Teneal Morgan	17.1	1995	
200m Hurdles - 5 Flts 76.2cm	Nicholas Murchie	28.8	2003	BP	76.2cm	Teneal Morgan	29.7	1995	
200m Hurdles - 10 Flts 76.2cm	Jamin Mills	29.1	1995		76.2cm	Teneal Morgan	30	1995	
70m Sprint	Darren Wilson	8.8	1990			Deanne Johnson	9.3	1990	
100m Sprint	Glen Fuller	12.1	1993			Renae Grasso	12.9	1989	
	Chee-Lok Dean	12.09	2005	TSV-ET					
200m Sprint	Darren Wilson	24.6	1990			Teneal Morgan	26.4	1995	
	Chee-Lok Dean	24.43	2005	TSV-ET					
400m Sprint	Jarron Colahan	55.5	1992			Rachel Pederson	59.5	2001	BP
	Chee-Lok Dean	55.81	2005	TSV-ET					
800m	Jeff Beu	2.12.6	1991			Rachel Pederson	2.19.00	2001	BP
1500m	Kristian Woolf	4.39.4	1989			Many Dawe	5.01.00	1992	
3000M						Melanie Parker	13.32.49	2009	BP-ET
700m Walk	Lee Pomroy	4.06.8	1993			Alysha Curtis	4.45.4	2003	BP
1500m Walk	Tremaine Koenig	8.54.1	1990			Monique Van Cauwenberghe	9.10.26	1995	
Long Jump	Troy McCormack	5.96	2006	BP		Deanna Johnson	5.11	1991	
Triple Jump	Bradley Graham	12.05				Deanna Johnson	10.74	1991	
High Jump	Ben Weeks	1.75	1995			Tahlia Reichardt	1.58	2010	BP
High Jump						Tyara Reichardt	1.58	2010	BP
Javelin - 600g	Theo Watson	45.13	2011	BP	400g	Sarah Eigl	31.17	2008	BP
Discus	Ben Weeks	42.68	1995		600g	Alisha Reinhardt	25.52	1995	
Shot Put - 3kg	Glen Fuller	14.53	1993		1kg	Penny Bartlett	28.02	1995	
Shot Put - 4kg	Ben Weeks	12.25	1995		3kg	Gemma Stewart	12.17	2006	BP
UNDER 15 YEARS (14 Year Olds)									
90m Hurdles					76.2cm	Teneal Morgan	15	1995	
100m Hurdles - 84cm	Dion Cahill	14.6	1993		76.2cm	Tracey Chenoweth	20.9	1994	
200m Hurdles - 5 Flts 76.2cm	Dion Cahill	27.4	1993		76.2cm	Teneal Morgan	29.6	1996	
200m Hurdles - 10 Flts 76.2cm	Jamin Mills	27.05	1996		76.2cm	Teneal Morgan	28.64	1995	
70m Sprint	Chee-Lok Dean	8.50	2006	BP		Deanna Johnson	9.2	1992	
100m Sprint	Quinton Nicol	11.3	1992			Deanna Johnson	12.8	1992	
						Rebecca Sadler	12.8	1992	
200m Sprint	Quinton Nicol	22.7	1992			Teneal Morgan	26.4	1993	
400m Sprint	Jarron Colahan	53.9	1993			Rachel Pederson	59.9	1995	
800m	Jeff Beu	2.07.5	1992			Mandy Dawe	2.28.8	1993	
1500m	Jeff Beu	4.37.0	1992			Mandy Dawe	5.08.8	1992	
700m Walk	Lee Pomroy	4.02.0	1994			Mandy Dawe	4.11.0	1992	
800m Walk	Lee Pomroy	4.48.9	1994			Deanne Johnson	4.34.8	1992	
1500m Walk	Lee Pomroy	9.09.2	1994			Richelle Accatino	9.29.6	1988	
3000km Walk						Monique Van Cauwenberghe	19.82.17	2009	BP-ET
2000m Steeplechase	Grahame Lendon	10.12.23	2004	BP		Sian Murphy	8.35.14	2004	BP
Long Jump	Quinton Nicol	6.31	1992			Deanne Johnson	5.2	1992	
Triple Jump	Nicholas Murchie	12.54	2004			Alisha Reinhardt	10.57	1995	
High Jump	Ben Weeks	1.92	1996			Chloe Botella	1.60	2010	BP
						Tyara Reichardt	1.60	2011	BP
Javelin - 600g	Bart Atherinos	47.18	2003		400g	Alisha Reinhardt	27.36	1995	
Discus	Bart Atherinos	51.24	2003		600g	Diana Webb	27.84	2000	BP
Shot Put - 3kg	Ben Weeks	12.65	1995		1kg	Diana Webb	30.76	2000	BP
Shot Put - 4kg	Bart Atherinos	13.77	2003		3kg	Gemma Stewart	10.94	2007	BP
Hammer - 4kg	Brandon Wood	23.73	2008	TSV	4kg	Alysha Curtis	14.51	2004	BP
Pole Vault	Nicholas Cooper	2.30	2009	TSV					
UNDER 16									
70m Sprint	Justin Griffiths	8.15	1996						
100m Sprint	Justin Griffiths	10.8	1996			Rebecca Sadler	12.5	1993	
200m Sprint	Quinton Nicol	22.1	1992			Elianna Suluvale	25.8	1996	
400m Sprint	Kris Seivers	50.06	1993			Rachel Pederson	58.2	2002	BP
800m	Jeff Beu	2.03	1993			Rachel Pederson	2.13.8	2002	BP
1500m	George Travis	4.20.9	1991			Bianca Growden	5.06.35	2004	BP
3000m	Kim Eales	10.51.6	1996			Megan Mansfield	11.18.0	1997	
90m Hurdles						Crystal Anderlini	15.4	2008	BP-ET
100m Hurdles	Brandon Wood	16.43	2009	BP-ET		Ellen Hastie	21.4	1997	
110m Hurdles	Darren Wilson	19.0	1992						
200m Hurdles	Nicholas Murchie	28.9	2005	TSV		Olivia Hindmarsh	32.60	2010	BP ET
400m Hurdles	Michael Casey	1.12.1	1995			Rachelle Accatino	4.23.1	1989	
800m Walk									
3000m Walk	Josh Brown	11.24.28	1999						
2000m Steeplechase	Josh Brown	7.53.20	1999			Rachel Pederson	8.30.00	2002	BP
Long Jump	Justin Griffiths	7.1	1996			Elianna Suluvale	5.64	2002	BP
Triple Jump	Nicholas Murchie	13.83	2005	SYD		Adriana Myrteza	1.70	2008	BP
High Jump	Nicholas Murchie	1.96	2005	TSV		Kylie Knowles	1.58	1991	
						Grace Gowdie	1.58	2008	BP
DISCUS	Ben Weeks	48.5	1996			Dianna Webb	37.11	2001	BP
SHOT PUT	Justin Griffiths	13.99	1996			Dianna Webb	10.96	2000	BP
HAMMER	Bart Atherinos	52.05	2004	BP					
JAVELIN	Bart Atherinos	53.23	2004	BP		Dianna Webb	29.34	2001	BP

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UNDER 18									
60m Sprint	Drew Campbell	7.2	2002	BP					
100m Sprint	Wagia Anau	10.5	1996			Rebecca Sadler	12.3	1995	
200m Sprint	Wagia Anau	21.55	1996			Rebecca Sadler	25.59	1995	
300m Sprint (Dash for Cash)	Ashley Brown	39.37	2009	BP-ET					
400m Sprint	Kris Seivers	50.46	1994			Rebecca Sadler	58.83	1995	
800m	Wade Fitzgerald	1.56.5	1992			Megan Mansfield	2.16.00	1998	
1500m	Rorey Hunter	4.03.50	2009	BNE-ET		Mandy Dawe	5.08.8	1992	
3000m	Rorey Hunter	9.12.16	2009	BNE-ET		Kristy Wong	11.02.7	1992	
5000m	Glenn Pomroy	17.40.6	1993						
100m Hurdles						Crystal Anderlini	16.29	2009	BP-ET
110m Hurdles	Justin Griffiths	15.0	1997						
200m Hurdles						Crystal Anderlini	27.92	2009	TSV-ET
400m Hurdles	Kurt Sayed	1.01.29	1998			Rebecca Sadler	1.14.6	1994	
Long Jump	Justin Griffiths	7.16	1997			Elianna Suluvale	5.64	2002	
Triple Jump	Nicholas Murchie	13.78	2006	BP		Adrianna Myrteza	11.3	2009	BP
High Jump	Nicholas Murchie	1.97	2006	BP		Teagan Harris	1.75	2010	MEL
DISCUS	David Rakoci	42.28	2010	BP		Leanna Bishop	44.06	2002	
SHOTPUT	Robert Watkins	15.61	2001			Leanna Bishop	12.06	2002	
JAVELIN	Darren Wilson	51.24	1994			Suvi Hyytinen	35.9	1993	
DECATHLON	Ben Weeks.	5695pts	1998						
U20									
MEN					WOMEN				
100m Sprint	Bryan Skinner	10.8	1992			Leah Bulley	13.2	1994	
200m Sprint	Bryan Skinner	21.8	1992			Leah Bulley	27.5	1994	
400m Sprint	Kristian Woolf	49.0	1992			Leah Bulley	1.05.3	1994	
800m	Kristian Woolf	1.58.13	1995						
1500m	Andrew Messina	4.09.4	1996						
3000m	Andrew Messina	8.45.1	1992						
100m Hurdles									
110m Hurdles	Aaron Tunni	16.0	1993						
400m Hurdles									
Long Jump	Bryan Skinner	7.19	1992			Deanne Johnson	5.1	1997	
Triple Jump	Jason Edmondson	12.69	1994			Leah Bulley	9.98	1994	
High Jump	David Shapendock	2.1	1998						
DISCUS	Azi Liaver	50.92	1994						
SHOTPUT	Robert Watkins	17.3	1994			Rebecca Rich	9.49	1994	
JAVELIN	Jason Edmondson	47.58	1994			Rebecca Rich	32.3	1994	
MEN					WOMEN				
OPEN									
70m Sprint	Michael Day	8.91	2010	BP		Emma Stott	10.31	2006	BP
100m Sprint	Ron Munro	10.5	1988	Hand		Rebecca Sadler	12.3		
	Otis Gowa	10.52	2007	ET -Bne					
200m Sprint	Otis Gowa	21.29	2007	ET -Bne		Rebecca Sadler	25.59		
300m Sprint	Peter Tuccandidgee	34.31	2009	BP-ET		Rachel Pederson	40.2	2002	
400m Sprint	Peter Tuccandidgee	47.68	2007	ET -TSV		Rachel Pederson	58.4	2002	
800m	Evan Franzke	1.56.09	1991			Rachel Pederson	2.13.00	2002	
1500m	Tony Gamer	4.03.3	1992			Zoe Henderson	5.03.15	2010	BP-ET
3000m	Andrew Messina	8.45.1	1996			Michelle Portch	12.00.6		
5000m	Lee Assman	15.28.37	1992			Kristy Wong			
10000m	Andrew Messina	33.47.7							
100m Hurdles						Renea Grasso	17.8		
110m Hurdles	Aaron Tunni	15.0	1995						
400m Hurdles	Andrew Yong	55.02	2009	TSV-ET		Rebecca Sadler	1.14.6		
3000m Steeplechase	Lee Assman	9.47.5	1996						
1500m Walk	Lee Pomroy	9.12.0	1994						
3000m Walk						Jill Barrett-Maybir	13.14		
5000m Walk						Jill Barrett-Maybir	22.32		
1000m Walk									
Long Jump	Bryan skinner	7.8	1991			Deanne Johnson	5.73		
Triple Jump	Aron Tunni	14.09	1995			Kylie Knowles	11.37		
High Jump	David Shapendock	2.1	1988			Kylie Knowles	1.58		
POLE VAULT	Troy Johnstone	3.2	1998						
DISCUS	Azi Liaver	50.92	1994			Leanna Bishop	44.06		
SHOTPUT	Michael Day	13.44	2011	BP		Leanna Bishop	12.06		
JAVELIN	Craig Cherry	55.14	1997			Suvi Hyytinen	36.44		
HAMMER						Emma Stott		2006	BP
DECATHLON	Aron Tunni	6070	1992						

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CAIRNS ATHLETICS BEST PERFORMANCES

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Previous Best Performances

MEN					WOMEN				
<u>Event</u>	<u>Athlete's Name</u>	<u>Result</u>	<u>Year</u>	<u>Location</u>	<u>Spec.</u>	<u>Athlete's Name</u>	<u>Result</u>	<u>Year</u>	<u>Location</u>
30-34 PV1									
70m Sprint						Marina Huggett	9.5		
100m Sprint	Sid Curtis	11.4	1994			Marina Huggett	13.2		
200m Sprint	Sid Curtis	23.3	1995			Marina Huggett	27.2		
400m Sprint	Sid Curtis	51.42	1995			Marina Huggett	1.02.3		
800m	Peter Jones	2.00.3	1992			Marina Huggett	2.45.01		
1500m	Wally Plath	4.25.03	2004						
5000m	Mark O'Brien	16.54.00	1994						
800m Walk						Marina Huggett	4.35.3		
Long Jump						Marina Huggett	4.26		
Triple Jump									
High Jump						Marina Huggett	1.24		
DISCUS	Craig Cherry	36.3	1997			Dannette Cleaver	20.44	2006	BP
SHOTPUT	Craig Cherry	9.94	1997			Dannette Cleaver	7.26	2006	BP
JAVELIN	Craig Cherry	55.14	1997			Dannette Cleaver	13.5	2006	BP
MEN					WOMEN				
35 -39 PV2									
70m Sprint						Marina Huggett	9.3	1996	
100m Sprint	Eddie Czarnecki	11.3	1991			Marina Huggett	12.7	1996	
200m Sprint	Eddie Czarnecki	23.8	1990			Marina Huggett	26.3	1996	
400m Sprint	Eddie Czarnecki	56.3	1990			Marina Huggett	60	1998	
800m	Mark Obrien	2.13.6	1994			Marina Huggett	2.25.55	1998	
1500m	Mark Obrien	4.29.31	1995			Marina Huggett	5.81.10	1997	
5000m	Mark Obrien	16.42.0	1996						
100m Hurdles						Heather Vaughan	16.61	2010	BP
110m Hurdles	Eddie Czarnecki	17.1	1989						
400m Hurdles	Eddie Czarnecki	1.05.0	1991			Marina Huggett	1.17.2	1997	
3000m Walk						Jill Barrett - Maybir	13.14	1996	
5000m Walk						Jill Barrett - Maybir	22.32	1996	
Long Jump	Eddie Czarnecki	5.79	1990			Carol Graham	4.66	1992	
Triple Jump	Eddie Czarnecki	11.24	1989			Carol Graham	8.83	1992	
High Jump	Eddie Czarnecki	1.65	1990			Heather Vaughan	1.35	2011	
DISCUS	Eddie Czarnecki	30.53	1993			Carol Graham	24.05	1993	
SHOTPUT	Eddie Czarnecki	11.1	1991			Heather Vaughan	8.51	2009	TSV
JAVELIN	Eddie Czarnecki	42.12	1991			Carol Graham	28.04	1992	
HAMMER						Alana Johnstone	18.86	2006	BP
PENT.	Eddie Czarnecki	3113	1992			Marina Huggett	1847	1997	
40- 44 Vet 1.									
70m Sprint						Rosemary Omundsen	11.79	2006	BP
100m Sprint	Eddie Czarnecki	11.7				Carol Graham	14.1		
200m Sprint	Eddie Czarnecki	23.96				Carol Graham	29.85		
400m Sprint	Don Jago	56.1				Carol Graham	1.1.10.9		
800m	Mpye	2.11.4				Rosemary Omundsen	3.01.96	2006	BP
1500m	Patrick McBride	5.16.74	2010	BP-ET		Rosemary Omundsen	6.26.24	2006	BP-ET
5000m run						Rosemary Omundsen	23.49.99	2006	BP-ET
110m Hurdles	Don Jago	18.0							
400m Hurdles	Eddie Czarnecki	1.03.86							
Long Jump	Eddie Czarnecki	5.9				Carol Graham	4.36		
Triple Jump	Eddie Czarnecki	11.37				Carol Graham	8.96		
High Jump	Eddie Czarnecki	1.63				Carol Graham	1.3		
DISCUS	Eddie Czarnecki	30.04				Carol Graham	22.58		
SHOTPUT	Eddie Czarnecki	9.85				Carol Graham	8.24		
JAVELIN	Eddie Czarnecki	42.92				Carol Graham	26.9		
HAMMER						Carol Graham	17.04		
PENT	Eddie Czarnecki	3147				Carol Graham	2130		
POLE VAULT.									

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Event	MEN			Spec.	WOMEN		
	Athlete's Name	Result	Year		Athlete's Name	Result	Year
45-49 vet 2.							
70m Sprint	Eddie Czarnecki	8.7	1997				
100m Sprint	Eddie Czarnecki	12.1	1997		Carol Graham	14.5	
200m Sprint	Eddie Czarnecki	25.4	1998		Carol Graham	30.4	
400m Sprint	Graeme Wong	1.04.4	1994		Desley Lenton	1.13.00	
800m	Darryl Hansen	2.50.7	1996		Desley Lenton	3.03.6	
1500m	Don Cox	5.07.2	1996				
400m Hurdles	Eddie Czarnecki	1.09.0	1997		Desley Lenton	6.14	
800m Walk	Don Cox	3.41.6	1996				
Long Jump	Don Jago	5.78	1990		Glenn Ingram	3.58	
Triple Jump	Eddie Czarnecki	9.11	1990				
High Jump	Don Jago	1.60	1990				
POLE VAULT.	Don Jago	2.90	1995				
DISCUS	Eddie Czarnecki	29.82	1997		Carol Graham	19.88	
SHOT PUT	Eddie Czarnecki	10.48	1994		Carol Graham	7.67	
SHOT PUT	Eddie Czarnecki	9.52	1997				
JAVELIN	Eddie Czarnecki	37.7	1997		Carol Graham	27.02	
PENT	Eddie Czarnecki	2977	1998				
50 & Over							
70m Sprint	Kevin Modra	11.22	2001		Christina Hindmarsh	10.65	2010 BP
100m Sprint	Don Jago	13.4	1996		Christina Hindmarsh	14.53	2010 BP
200m Sprint	Jim Vallely	29.1	1994		Christina Hindmarsh	30.80	2010 BP
400m Sprint	Jim Vallely	1.04.6	1994		Christina Hindmarsh	1:15:47	2010 BP
800m	Jim Vallely	2:27.23	1994		Christina Hindmarsh	3:11:93	2011 BP
1500m	Kevin Modra	8:33.79	2001		Christina Hindmarsh	7:13:72	2011 BP
Long Jump	Don Jago	5.45	1995		Christina Hindmarsh	3.90	2010 BP
Triple Jump					Christina Hindmarsh	7.85	2010 BP
High Jump	Kevin Modra	1.36	2001		Gretchen Wong	7.03	
POLE VAULT	Don Jago	2.9	1995				
DISCUS	Kevin Modra	36.5	1997		Christina Hindmarsh	19.85	2011 BP
SHOT PUT	Don Jago	10.12	1995		Christina Hindmarsh	7.55	2010 St Andrews
JAVELIN	Don Jago	37.86	1995		Gretchen Wong	20.06	
HAMMER	Kevin Modra	22.06	2001		Jennie Eyval	12.96	2006 BP
PENT.					Gretchen Wong	1449 pts	