



NEWSLETTER

29 August– 4 September 2011

www.cairnsathletics.org.au

NO CLUB DAY FOR TWO WEEKS

Just a reminder that there are no club days until the Friday 9 September 2011. Training is still on during this period **EXCEPT** for Thursday 8 September due to a booking of main Barlow Park.

TOLGA PENTATHLON DAY

Well done to all of our athletes who travelled up to Tolga on Sunday to compete in the Pentathlon Day. Cairns Athletics were well represented in the medals at the end of the carnival, but also importantly just out there on the track and field wearing the red, black and white.

I am sure all who attended would give their thanks to the Tablelands Athletics club for hosting such a family friendly carnival for the clubs in the region to attend. The fact that athletes travel from Townsville, and even the Whitsunday's to compete is testimony to the appeal of this long running carnival.

2011 BREAK UP

Cairns Athletics break up will be on **Sunday 30 October 2011** at Goomborra Park at Brinsmead. More information will be given in future newsletters, but make sure you leave the day free if you can. The AGM will **NOT** be part of the breakup, so we will be into the fun and presentations straight away. There are always heaps of trophies and awards to present, and it always makes it that much more enjoyable when all of our athletes are there to receive their awards.

2012 CAIRNS ATHLETICS COMMITTEE

I am glad to say we have had some enquires in regard to the committee positions for the 2012 season; however we are a long way off from filling all of the essential positions.

The next committee meeting is on **Tuesday 13 September 2011** at 7:00pm at the club house at Barlow Park for anyone who is interested in seeing how the club functions behind the scenes, or if they wish to provide input in helping guide the club.

PENINSULA SECONDARY SCHOOL TRIALS

Congratulations to all our athletes that qualified for, and competed in the Peninsula Secondary School Trials last Friday.

It also is worth mentioning the great assistance many of our members give to Peninsula Sport in assisting in running the carnival. From the photo finish box, the track and field officials and the setting up of the

equipment, our members volunteer many hours to help promote the sport of track and field.

It is also the reason why there are no PB's in this week's newsletter, as our club computers are in use in the photofinish room for Peninsula, after coming back from Tolga on the weekend.

NATIONAL PRIMARY SCHOOL CHAMPIONSHIPS

Congratulations to Joshua Lush on making the Queensland School team for the national championships in Darwin in September. We wish Joshua the best of luck with his efforts on the track and field in Darwin.

2011 IAAF WORLD ATHLETICS CHAMPIONSHIPS

Just in case you haven't noticed it on television, SBS2 are broadcasting the World Athletics Championships every night from 6:00pm. For all our budding athletes nothing inspires, and teaches our young athletes better than watching the world's best. And by taping and watching your favorite events you can pick up on techniques, particularly in the throws, jumps and hurdles.

UPCOMING EVENTS

ANQ Track and Field Championships

Nomination forms are now available at the registration desk. This is the premier athletics carnival for North Queensland, with many of our athletes hitting their peak at the end of the season. Held at the Townsville Sporting Reserve over **23 – 25 September 2011**, nominations close **16 September 2011**, and a draft program is available from Athletics North Queensland's website <http://athleticsnorthqld.org.au>

QLAA Regional Championships

This is our final carnival of the year, occurring the weekend after our last club day. Cairns Athletics is hosting the carnival over the **8 and 9 October 2011**. The carnival is for QLAA registered athletes throughout the region, and whilst fun for all athletes it is also the only opportunity to qualify for the QLAA State Titles which is held in March 2012. Registrations will come out towards the end of this month, so circle this date in your diary. Nomination forms are available at the registration desk.

NEXT THREE CLUB EVENTS

Friday 9 September – Barlow Park – 5:45pm warm-up for a 6:00pm start

Friday 16 September – Barlow Park – 5:45pm warm-up for a 6:00pm start

Sunday 2 October – Barlow Park – 12:45pm warm-up for a 1:00pm start – FINAL CLUB DAY

President Shane Watson 0487 164 960

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