



NEWSLETTER

Sunday 7 August 2012

www.cairnsathletics.org.au

2012 CAIRNS ATHLETICS COMMITTEE

Following on from the first segment on the committee, we will now go over two of the positions that will be vacant in 2012.

It goes without saying that these are critical positions within the club. Without the Recorder our athletes will not have their personal bests recorded (which means no awards or records) and even worse without the Registrar we simply couldn't run the club, as our athletes need to be registered with our club along with our governing bodies (Athletics North Queensland and Queensland Little Athletics).

Position – **RECORDER**

Role: To input results from each club day for each athlete. To coordinate certificates and trophies.

Approximate hours per week: 4 to 6 hours throughout the season.

Position – **REGISTRAR**

Role: To input registrations throughout the year, with the first part of the year being the busiest. To circulate information to members in regards to carnivals, training camps etc. Take registrations for Carnivals around the region. Co-ordinate the supply of club shirts, hats and sign on kits.

Approximate hours per week: 6 – 8 hours in the first couple of months, reducing to 2 – 3 hours in the later part of the season.

In both positions the club supplies all necessary computers, software and printers.

It would be ideal for any new candidates to come forward in the remaining two months of the season to have a chat to Maree McCormack (Recorder) and Christina Hindmarsh (Registrar) to gain a better understanding of their positions.

NEXT CLUB COMMITTEE MEETING

As per the previous news letter we encourage all parents and friends of Cairns Athletics to attend our club meetings to provide input and learn more about how the club functions. There has been a change in the club meeting day due to the Census being held on the same evening. The new date for the meeting is **Tuesday 16 August 2011 at 7:00pm**. We look forward to welcoming some new faces at the meeting.

UPCOMING EVENTS

Tablelands Pentathlon Day

Held at Tolga on **Sunday 21 August 2011**, this carnival offers a different format to our normal carnivals with points being earned over 5 set events. The carnival is hosted in a relaxed family atmosphere on the Tablelands with picnic baskets and deck chairs on the grass, not to mention fantastic food being served from the canteen. Do not miss this one. Nomination forms available from the registration desk and nominations close 16 August 2011.

Pyramid Race Day

Mulgrave Athletics Club host a 1500m and 5000m road race athletes 9 years and up, as part of the major Pyramid Race Day on the **20 August 2011**. So for those athletes who like a bit of distance running, but not quite up to the top of the Pyramid and down, this one could be for you. Nomination forms available at the registration desk.

FOR OUR ATHLETES ATTENDING THERE IS NOW A PROGRAM AVAILABLE WHICH IS POSTED ON OUR NOTICE BOARD.

ANQ Track and Field Championships

Still a while off, and nomination forms aren't out yet, but worth putting in the diaries. This is the premier athletics carnival for North Queensland, with many of our athletes hitting their peak at the end of the season. Held at the Townsville Sporting Reserve over **23 – 25 September 2011**, start thinking about accommodation now.

NOMINATION FORMS FOR OFFICIALS AND HELPERS ARE NOW AVAILABLE AND ARE AT THE REGISTRATION DESK.

QLAA Regional Championships

This is our final carnival of the year, occurring the weekend after our last club day. Cairns Athletics is hosting the carnival over the **8 and 9 October 2012**. The carnival is for QLAA registered athletes throughout the region, and whilst fun for all athletes it is also the only opportunity to qualify for the QLAA State Titles which is held in March 2012. Registrations will come out towards the end of this month, so circle this date in your diary. As host club we want as many of our athletes finishing off the athletics season with a bang at the carnival. Keep an eye out for plans for the big march past, as it has been many years since Cairns Athletics held the trophy and our club captains are in the planning phase for something big.

NEXT THREE CLUB EVENTS

Friday 12 August – Barlow Park – 5:45pm warm-up for a 6:00pm start
Friday 19 August – Barlow Park – 5:45pm warm-up for a 6:00pm start
Friday 9 September – Barlow Park – 5:45pm warm-up for a 6:00pm start

President Shane Watson 0487 164 960

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Personal Bests

The following athletes achieved Personal Bests at Barlow Park on Friday, 29 July 2011

Under 5 girls: Jeorjah Minniecon discus; Lecita Sherriffs shotput

Under 5 boys: Taj O'Donohue shotput, discus

Under 6 girls: Breannan Harris-Corcoran longjump; Grace Johnstone discus; Naomi Kuhle discus; Emma Pullar 100m, discus

Under 6 boys: Harry Ward longjump

Under 7 girls: Ajah Blair 200m, discus

Under 7 boys: Jamie Henderson discus, longjump; James Minniecon 100m, longjump; Aidan Phoenix shotput, discus; Joshua Porter shotput

Under 8 girls: Jazmyn Archer shotput; Queen Byishimo shotput; Aleeah Davern shotput; Taylah Graham 200m, shotput; Imogen Jackson shotput; Monique Marino shotput, longjump; Hannah-Joy Nui 200m, shotput; Lauren Wiseman 200m

Under 8 boys: Keuper Andersen 100m, shotput; Emerson Della Ricca 200m; Harrison Phipps shotput

Under 9 girls: Angel Blair 400m, javelin, longjump; Gabrielle Briscoe 70m, 400m, javelin, longjump; Brianna Collins 400m, discus; Leisle Kuhle 70m, discus; Caitlin Porter 70m; Sacha Reichardt javelin

Under 9 boys: James Ball 70m, 400m; Jaymes Murchie 70m; Kyiah O'Donohue 70m; Edward Orchard 70m, 400m, discus, javelin; Mitchell Sullivan discus; Zachary Tabuai 70m, discus, longjump

Under 10 girls: Alirra Collins longjump; Maykeesha Minniecon longjump; Tara Smith longjump; Jacinta Sullivan shotput

Under 10 boys: Cameron Graham 200m, shotput; Liam Harley 70m, 200m, shotput, longjump; Callum Johnstone shotput; Liam Winter shotput

Under 11 girls: Jessica Bennie 400m; Cionne Murphy 400m; Patricia Newman 400m, triplejump; Jane Rhodes 400m, shotput

Under 11 boys: Kayden Anu 70m, shotput, triplejump; Tayne Birss 70m, 400m, triplejump; Brett Henderson triplejump; Joshua Lush 400m, triplejump; Tasman Moore 70m, triplejump; Kyle Phoenix 70m, 400m, triplejump

Under 12 girls: Brooke Carter javelin; Grace George 800m, javelin; Laura George javelin, highjump; Kaya Mellor 800m, javelin; Alexandria Mullens highjump; Naomie Reeve javelin; Kylie Slack javelin; Adeline Wilder highjump

Under 12 boys: Fraser Barr 800m, javelin; Jay Collins javelin; Oliver Koch javelin, highjump; Kelson Marino 800m, javelin

Under 13 girls: Mikaela Bretz shotput; Meghan Coffey shotput, javelin; Rhiann Cull shotput; Georgia Indian shotput; Bianca Oches shotput

Under 13 boys: Sam Baker shotput; Jack Redmond 100m, shotput, triplejump; Alistair Taylor shotput, javelin

Under 14 girls: Gemma Ballard 200m

Under 15 girls: Kate Gould shotput; Zoe Henderson javelin; Alice Johnstone shotput, javelin; Tahlia Reichardt discus; Tyara Reichardt 100m, triplejump

Under 15 boys: Jai Harley javelin, long jump

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